



HOOKED FOR LIFE.

Reel and Heal Retreats introduce women recovering from cancer to the healing powers of fly fishing.

Find yourself in beautiful moving water and fresh air with people who understand. Experience the healing power of learning something new. Learn new skills in the great outdoors. Make friends to last a lifetime.



2010 Retreat Dates

May 23-25
September 19-21
Rockwell Springs Trout
Club near Castalia, Ohio

June 13-15
July 18-20
Schmidt Outfitters
Wellston, Michigan

Weekend to do list:

- Kick back*
- Let someone else cook*
- Get pampered*
- Make friends*
- Have a glass of wine*
- Listen to the river run*
- Don't sweat the small stuff*
- Share my story if I want*
- Get Hooked on Life Again*

Contact us

www.reelandheal.com

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